

This playbook is designed to guide therapeutic utilization of SingFit into rehabilitation services to achieve meaningful outcomes and offer supportive documentation for reimbursement.

The following information is based on generally accepted coding principles. Clinicians should consult the payer, local medicare contractor and NCCI policy if clarification of coding or coverage is needed.

Coding

Cognitive Function and Compensatory Strategies:

97129 (initial 15 min) / 97130 (additional 15 min)

Therapeutic interventions that focus on cognitive function (e.g., attention, memory, reasoning, executive functioning, problem solving and/or pragmatic functioning) and compensatory strategies to manage the performance of an activity (e.g., managing time or schedules, initiating, organizing, and sequencing tasks), direct (one-to-one) patient contact.

Speech, Language, Voice, Communication and/or Auditory Processing:

92507 (untimed)

For treatment focus of cognitive communication (with treatment goals that are language based), aphasia and conditions impacting vocalization and breath production.

Therapeutic Activities

97530 (each 15 min)

Therapeutic activities, direct (one-on-one) patient contact by the provider (use of dynamic activities to improve functional performance).

Self-Care

97535 (each 15 min)

Self-care/home management training (eg, ADLs and compensatory training, meal preparation, safety procedures, and instructions in use of assistive technology devices/adaptive equipment) direct one-on-one contact.

Therapeutic Exercise

97110 (each 15 min)

Therapeutic exercises to develop strength and endurance, range of motion and flexibility.

Objective Measures

Supporting status and progress can include:

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|-------------------------------|--------------------------|----------------------------|
| • NOMS | • Time of task attention | • Frequency of performance |
| • FCM | • Task completion % | • Duration of performance |
| • MOCA | • Number of cues needed | • Accuracy of performance |
| • Addenbrook's Cognitive Exam | • Type of cues needed | • Intensity of performance |
| • GDS | • Amount of assistance: | • Allen Cognitive Levels |
| • SLUMS | occasional, supervised, | |
| • BCAT | contact guard, minimal, | |
| • BIMS | moderate, maximum | |
| • CFS | and total | |

Common Uses

- (SLP/OT) For clients who are having trouble engaging in rehabilitation sessions, use SingFit STUDIO at the beginning of the therapeutic session to engage the client in reminiscence-based singing and sharing memories to establish rapport and establish trust and validate the client where they are. (5-10 minutes)
- (SLP/OT) Utilize SingFit STUDIO for 5-10 minutes at the end of a therapeutic session to promote wellbeing, improved mood, and carryover of therapeutic outcomes into functional activities.
- (SLP) Embed SingFit STUDIO as a facilitating tool to promote vocalization, phonation, and appropriate volume as well as word production, and opportunities for narrative speech.
- (OT) SingFit STUDIO provides support for engagement in purposeful movement and ADL performance.
- (SLP/OT) Assign SingFit STUDIO for clients to use at home to increase overall engagement, mood, and cognition and to maintain progress between sessions.

Skilled Documentation Examples

- The vocalization aspect of the SingFit experience enhances vocalization intervention with melodic intonation, volume, sound production, word formation, phrase development and engagement in conversation.
- Participation in music with therapeutic intervention promotes patient performance in functional tasks and improved interaction between patient and caregivers in daily routine with improved mood.
- Due to the nature of the song collections (familiar songs from formative years) therapist and client will engage in narrative language for recall of long-term memories. Discussions regarding personal life events and cultural events of the time period will provide receptive and expressive language opportunities.
- Contextual Narrative: Using the SingFit app, client selected two songs to use for the voicing and breath support tasks. After singing, client discussed the memories the songs evoked. The first song reminded her of...
- Voice, Breath Support, Auditory Memory: Therapist used the SingFit app to have client achieve adequate volume to be heard 4 feet away. Good volume and was able to keep up with the pacing of the original tunes without needing the therapist to slow them down.
- Music Warm-up for word finding: Client chose X songs and engaged, actively singing all of the words. Therapist perceived this task as one of auditory memory, alternating attention, memory retrieval, and speed of information processing as she engages the right and left hemispheres during the tasks. She reported that her mood improved from when she entered the session.
- Client actively participated in preparatory task of item retrieval for upper body dressing for 15 minutes (or for intervals of ___ minutes with ___ number of rest periods) with sustained attention and 4 verbal cues for task redirection. Warm up activity initiated prior to task to stimulate therapeutic relationship, engagement and attention to task.
- Client participated in a light meal prep task (or other task) in the kitchen, standing with a rolling walker, using an auditory cueing application to assist with motor planning/cueing for successful task completion. Client required occasional directive verbal cues for completion. Sustained attention for task improved to 20 minutes.

References

<https://www.asha.org/practice/reimbursement/Coding-and-Reimbursement-of-Cognitive-Evaluation-and-Treatment-Services/>

<https://www.aota.org/Advocacy-Policy/Federal-Reg-Affairs/Medicare/Guidance/role-OT-assessing-functional-cognition.aspx>